

2018

East Valley
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NO BOOZE NEWS

Women in AA in the 1950s

My name is Betty H., and I'm an alcoholic. In 1953 I got sober. I'm not sure what led me to sobriety—a three-day binge, my husband's threats to haul me to the state hospital, or suddenly being sick and tired of being sick and tired. Perhaps it was all of the above. I was in my mid-twenties but had already had a long history with alcoholism. When I was a tot, my family, who were no strangers to drinking, thought it amusing to let me drink from their glasses to the point that I would get a buzz on. My mother found me in the pantry at about age two, drinking from my father's 'dead soldiers,' a neat row of bottles on the pantry shelf. I started living my life to accommodate drinking by the time I was thirteen. Back in the day I was a pretty goodlooking chick. I knew if I sat on a stool at any bar on Hennepin Ave., I would need only to pay for one or two drinks. Soon there would be someone buying them for me. I'd get dolled up to go find that bar stool and that drunk. I always liked to think I was in control and would make trips to the restroom to force myself to throw up, so I could continue to drink. How's that for sick?

In my late teens, I had a baby and had to give her away. I was a victim of my alcoholism, and had many years to wonder where she was and how her life had progressed. That didn't prevent me from continuing my affection with the bottle. My first marriage was a disaster, and I can't figure out how I got so lucky with the second. We married in 1950, so you can see that he put up with my behavior for three years before I decided to sober up. He begged me to do something about my-self, and one day I did.

My first trip to an early Minneapolis meeting site, which was very new at the time, was a bit daunting. It was difficult for them to find a group for me, as there were so few that welcomed women. I guess women were expected to stay home and drink 'in the closet'. I did get into a Robbinsdale club, and was willing to travel to find others, although I didn't drive. My husband was available to drive me, and in those days the groups were very much different than today. We'd meet in peoples' homes, the alcoholics sitting in a circle surrounded by the spouses in an outer circle. Sometimes those spouses could be a little standoffish, as I believed they envisioned me as a little 'bar fly' that may have come on to their husbands at some bar. After my second meeting, my husband decided he was an alcoholic, as well, and moved into the inner circle instead of sitting with the women.

Meetings didn't usually start until 9:00 p.m., to allow people to get home from work, clean up, get dressed up and get ourselves to the designated home. The hostess was expected to provide a full meal for the attendees. Every three months, we would have a full pot-luck banquet to celebrate AA birthdays in the squad that had transpired in that period. We travelled from suburban Brooklyn Center across town to the north St. Paul suburb of White Bear Lake, where I found a meeting that I really liked, as the women seemed to welcome me.

Because I found myself an oddity, being a woman in AA, I realized there were others to whom finding meetings posed a challenge. We started women's meetings. I got involved with the founding of the first women's local half-way house, as that was the closest thing women had to treatment at that time. We shared our stories and became friends to the women there. We were always attractively and stylishly dressed as if to tell them that once an alcoholic not always a failure. I began to sponsor women in my groups and make trips with a few other members to small towns in the area to 'shake my tambourine,' so to speak. We were dedicated to helping form meetings in those towns so people everywhere would have AA. It was truly an adventure, and we were genuine pioneers in the program.

One day in 1956 a new woman, Kathy B., came to my Robbinsdale group. She was well-spoken, attractively dressed, and we bonded immediately. I became her sponsor. Kathy had come to AA as a parent who had failed to respond to a family emergency due to her drunken state. Her younger son, Carson, had contracted meningitis, was very ill, and, as a sixteen-year old, had had to take the wheel of the car to get himself to the hospital emergency room, driving into a portion of the exterior wall as they arrived. She decided this was her wake-up call. (Kathy died) with 22 years of sobriety. I remained in touch with her daughter for some time.

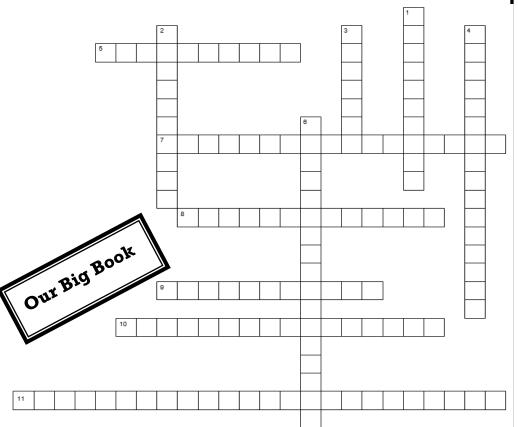
I have been a snowbird in Mesa, Arizona for many years, and have many wonderful AA friends there. Being late arriving there this past winter due to some health issues, I was busy saying my hellos after one of my regular meetings, mindful of a white-haired gentleman seemingly anxious to greet me. He finally approached me, asking if I remembered him. No, I couldn't say that I did, and he really didn't expect I would. He mentioned his name, Jim H., and that didn't ring any bells. Then he said he was Kathy B.'s son. I didn't remember Kathy having a son named Jim, so I mentioned Dave and Carson. He explained that he was Carson, and that his family had always called him by his middle name, but he had gone on to use his first name. I was stunned. Here we were, thousands of miles from the Twin Cities, so many years having passed, and united in AA. Jim had heard various members of the group he joined last summer speak of me, and, because of my unusual last name, Minneapolis origins and number of years in the program, he decided I had to be his mother's former sponsor. I have had 57 years in the program and he has 30. He and his wife have adopted me as part of their small family, and it's a shame Kathy couldn't have lived long enough to really get to know his wife, as she exhibits the same creativity I always admired in her.

Speaking of family, you recall that I mentioned the daughter I had given away back in my teens. I never had any children after that. I was fortunate to have my second husband for forty-three years, but had always wished for a family. A number of years ago I had a phone call, and it was my daughter who had been searching for me. Surprised beyond belief, I didn't know what to expect of such a relationship, but it has been a total blessing, and it amazes both of us how alike we are in many ways. She has brought me a big, beautiful family to be a part of - grandchildren, greatgrandchildren - the whole shebang! Without my sobriety and the support of my AA family, I doubt I would be a part of these two families I am so enjoying. There are rewards in this program.

-- Betty H. (as told to Deborah H.)

Mesa, Arizona

Reprinted with permission AA Grapevine Aug 2011



ACROSS

- **5** "We avoid retaliation or argument", is from which section of the Big Book?
- 7 "I personally know scores of cases who were of the type with whom other methods had failed completely" -Which section of the Big Book did this quote originate?
- 8 "The less people tolerated us, the more we withdrew from society, from life itself" is a powerful quote from this chapter of the Big Book?
- 9 "Much to our relief, we discovered we did not need to consider another's conception of God" is from this chapter of the Big Book?
- 10 Which chapter in the Big Book does this quote refer to? "We are people who normally would not mix".
- **11** "Many do not comprehend that the alcoholic is a very sick person", comes from which part of the

DOWN

- I. "When we decide who is to hear our story, we waste no time", is an excerpt from this chapter in the Big Book?
- 2. This was an excerpt from which portion of the Big Book? "I made a host of fair weathered friends".
- 3. "Why could they not see that drink meant ruin to them?", came from this chapter in the Big Book?
- 4. This quote is from which chapter of the Big Book? "Next day we would ask ourselves, in all earnestness and sincerity, how it could have happened".
- 6. This suggestion is taken from which chapter in the Big Book? "Call on him when he is still jittery. He may be more receptive when depressed".

Seen or Heard

Oct. Newsletter

Across 6. thetw

- 6. thetwelvestepsandtwelvetraditions
- 7. coffee
- 8. informationalpamphlets
- 10. howitworks

<u>Down</u>

- chairperson
- 2. seventhtraditionbasket
- 3. thetwelvestepsofaa
- 4. serenityprayer
- 5. tissues
- 6. thebigbook
- 7. crosstalk

EXTRA! EXTRA! Read All About It!!

Subscriptions are only \$12 a year...we'd love your support!!!



Attitude of Gratitude

If you are grateful for your sobriety and would like to give back to the program that has so freely given to you, please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as PI/CPC (Public Information / Cooperation with the Professional Community), Special Events, Literature, Unity, or Phone Volunteers. Participating in any of these committees can be a great way to carry the message to the still suffering alcoholic, both in and out of the rooms.

As an ongoing reminder, we are still in need of more volunteers for the 12th Step call list. Although we are great at making sure the phones are answered day or night, finding someone willing and available to do a 12th Step call can sometimes be very challenging, and often times it's hit or miss depending on the time of day. If you have at least one year of continued sobriety and are willing to make yourself available to the alcoholic reaching out to AA for help from time to time, please be sure to complete the form provided below and return to the EVI Central Office via fax, mail, e-mail or in person as soon as possible. Who knows — the life you save could be your own....

	EY INTERGROUP — Gratit rn to: 1320 E. Broadway R		With Service form <i>revised 2/09</i> uite 105 Mesa, AZ 85204
(480) 827-	1905 <i>e-maik</i> <u>info@aan</u>	<u> 1esaaz.</u>	z.org www.aamesaaz.org
Date *Fi	rst Name		Last
Address			*Phone
*City	*\$T	*Zip_	p *Gender
*Sobriety Date	Home Group		
e-mail address	-mail addressAlt Phone		
[] <i>No</i>	* = required for listi Booze News Subscription / Renewal	-	•
Volunteer 9	Service Options	Ī	Committees of Interest
	re willing to commit time to		Check only those you are willing to serve on
12 th Step List Volunteer	Phones Night & Weekend	[] Po	Public Information / Cooperation with the
[] Weeknights	[] Weekends	Pı	Professional Community
[] Weekends	[] Weeknights	[] \$p	Special Events
[] Weekdays		[] Literature	
		[] Newsletter (No Booze News)	
[] Office Phone Volunteer		[] Unity Committee	
[] Other Office	Help	[] D	Deliver A Meeting



ROUNDUPS, CAMPOUTS AND CONFERENCES

APACHE LAKE CAMPOUT

NOVEMBER 2 ~ 4 APACHE LAKE RESORT APACHE LAKE, AZ

MIRACLE ON THE RIVER

NOVEMBER 2 ~ 4 1477 QUEENS BAY LAKE HAVASU CITY, AZ



JEROME AA ROUNDUP

NOVEMBER 2 ~ 4 260 HULL AVE. JEROME AZ



LAS VEGAS ROUNDUP NOVEMBER 22 ~ 25, 2018 (WESTGATE RESORT) 3000 PARADISE RD. LAS VEGAS NV

RIVER ROUNDUP

JANUARY 10 ~ 13 2019 RIVERSIDE RESORT LAUGHLIN NV

YUMA ROUNDUP

FEBRUARY 22 ~ 24 2019 1440 W DESERT HILLS DR. YUMA AZ



2018 EVI

Thanksgiving Alcathon

12pm Wednesday, November 21
12pm Friday, November 23
1125 N Dobson Rd.
(Antioch Church)
Meetings, Fun
Food
Fellowship and Recovery
7pm Thursday - Traditions Play

2018 Alanon Winter Extravaganza

(With A.A. Participation)
4:30pm - 9:30pm
Saturday, November 10
1844 E Dana Ave. Mesa
(St. Peters Lutheran Church)



2018 November Assembly

November 3rd, 2018

100 Park Ave,

Lake Havasu City, AZ

(Lake Havasu Aquatic Center)

2019 Pre-Conference Assembly

April 5 ~ 7, 2019 1500 AZ-69

Prescott AZ

(Prescott Resort and Conference Center)

Sobriety Anniversaries



		. 107.
Name	Date	Day
Laure K	11/6/1982	13149
	11/13/1983	
	11/17/1985	
	11/22/1985	
Roxanne B	11/8/1986	11688
	11/2/1987	
	11/9/1987	
Ann Marie F	11/23/1988	10957
Pam Y	11/25/1988	10957
	11/17/1989	
	11/21/1989	
Roh C	11/1/1993	9131
	11/7/1993	
	11/11/1994	
Brandon B	11/7/1995	8401
Vicki B	11/29/1995	9401
Pose M	11/1/1996	0401
Mony D	11/30/1996	0035
Iviary D	11/30/1996	7205
John G	11/28/2000	7305
Clark L	11/28/2000	6574
Mark F	11/5/2001	6209
	11/10/2001	
	11/17/2001	
	11/1/2002	
Aaron B	11/24/2005	4748
	11/26/2005	
Vera M	11/26/2005	4/48
Maggie S	11/29/2009	4748
Steve R	11/1/2006	4383
	11/11/2006	
	11/26/2006	
Dawn H	11/18/2007	4018
	11/9/2008	
	11/9/2008	
	11/9/2008	
	11/19/2008	
	11/6/2009	
	11/26/2009	
	11/5/2010	
	11/8/2010	
	11/25/2010	
	11/27/2011	
	11/27/2011	
	11/11/2012	
	11/25/2012	
	11/1/2013	
Darrell S	11/10/2013	1826
	11/28/2015	
Gavin R	11/26/2016	732

Things We Can Not Change

Gordon R. a long time member of our fellowship has passed from this world. His life and sobriety touched many and he will be missed.

<u>Step Eleven</u>~ Sought through prayer and meditation to -improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

<u>Tradition Eleven</u>~ Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

<u>Concept Eleven</u>~ The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.



At Wit's End

THE FOLLOWING ARE CAROLS

for the alcoholic who has the following conditions:

Delirium tremens--Do I Hear What I Hear?

Blackout--I Don't Know If I'll Be Home for Christmas

Self-centeredness--Hark the Herald Angels Sing About Me

Another blackout--Walking in a Winter Wonderland Miles from My Home in My Slippers and Robe

Newcomers' lament--Have Yourself a Merry Little Christmas While I Sit Here and Hyperventilate.

-- Richard M. Golden, Colorado

IF THINGS GET A LITTLE HECTIC over the holidays, turn to the second step. It's AA's "Sanity Clause." ... December 2007 Magazine

PI / CPC

(Public Information and Cooperation with the Professional Community)

Meets 1st Monday's at 7:00pm

235 E Guadalupe Rd. Gilbert

(Gilbert Presbyterian Church)

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

For more information contact:

480 827-1905

EVI Phone Workshop



Third Friday's at 6:15 pm

Before the monthly business meeting at

1125 N Dobson Rd

Antioch Community Church

Or

Workshops can be done at your Group!

For more information Beth H



EVI Sponsorship Workshop

10am the 1st Saturday of every other month

235 E Guadalupe Rd. Gilbert AZ

(Gilbert Presbyterian Church)

Contact: Gail H.

HOST GROUP SCHEDULE

November 3rd ~ No Name Group

Toin the

EVI Unity Committee

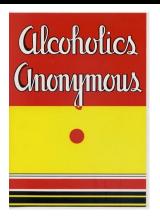
Meeting at 6:15pm Every 3rd Friday
Antioch Community Church
1125 N. Dobson Rd Chandler

Office Volunteers & EVI Hot Line Phones

4 hour shifts in the EVI office Call Roxanne for specific

times and days.

*** Fill In shifts available now***



EVI Special Events Committee

Meeting held before the Monthly Speaker Meeting
1st Friday of the month
Antioch Community Church
1125 N Dobson Rd Chandler
contact: Deana E.

EVI Monthly Speaker Meeting

Ist Friday of Every Month

Meeting Now At 7:30pm

Antioch Community Church

1125 North Dobson Road, Chandler

November 2nd ~ Gilbert Gals

December 7th ~ Easy Does It

These are subject to change - so keep watching.

Central Office Manager's Report October 19, 2018

We received 432 requests for information and assistance last month. Of those 127 calls were for meeting info, 122 were office visitors and 9 resulted in a 12 step call. Our website stays busy too. It had 55,167 visits in the last 30 days. Our Google listing also receives steady traffic 6,743 people found us on Google. Of those 238 went to our website, 32 got directions to the office and 9 gave us a call.

I attended the ICOAA (Intergroup, Central Office, AAWS and AAGV) seminar in Montreal September 21th to the 23th. Seminar Report Part I, the GSO presentations: David Noll – G.S.O. AA World Services, Chair, reports that they are currently reviewing literature sales discount structures, shipping costs and handling charges. David Rosen - G.S.O. Publishing Director, Addressed the translation process and the use of committees to insure no one person ever speaks for Alcoholics Anonymous. The 2018 catalog has a new, more user friendly layout. A new book is in the works. "Our Great Responsibility" will be a collection of Bill W's talks from the General Service Conferences from 1951 to 1970. Jeff Wine – G.S.O. Staff, Group Services Coordinator and ICO Liaison, This was the 4th day of his new rotation to this position. He is the person to contact with Group questions and he loves working for the people who saved his life. Albin Zezula – G.S.O. Director of Administration & Services, Reports that Alcoholics Anonymous is in the process of licensing the Meeting Guide App. The app updates continuously from participating A.A. service interties directories.

Not kidding - We all need to make the effort to inform our fellowship of what the East Valley Intergroup is and the services we provide in our local community. Please take some Gratitude with Service forms back to your Home Group, let them know what we do and encourage members to sign up for service positions. The life you save may be your own.

In the spirit of Tradition Eight, Love and Service

Kim W. Central Office Manager East Valley Intergroup

EVI CENTRAL OFFICE ACTIVITY

EVI CENTIONE OF	1102/10	,
	Sep	2018
Meeting Information Calls		
General Information	79	976
Referred to Salt River Intergro	up 6	70
Referred to Al-Anon	9	119
Referred to Community Info	0	9
12th Step Calls	9	96
Business Calls	80	963
Office Visitors	122	1390
Meeting lists printed	800	6700
Info request via E-mail	38	451
Desk Volunteers-Reg/Sub/No		
Desk Volunteers-Reg HRS YTI	D	1376 hrs

Web Stats

Website Visits last 30 days 55,167 YTD 428,338

Google Searches last 30 days 6,743

Meeting List Updates...

New Meetings:

QC Nooners 19729 E San Tan Blvd. QC New Meeting SA 12:00p O Sobriety and Beyond 931 E Southern Ave. Mesa TH 3:00p O 417 Group 6289 S Greenfield Rd. Gilbert (Light of Christ) TH 7:00p O Why Not Wednesday 45295 W Honeycut Ave. Maricopa

Changes:

Out of the Dark 19609 S McQueen Rd. Chandler Now Meeting At: TH 7:30p Common Thread Moving to: 2601 E Thunderhill Place, Ahwatukee TU 7:30p Women in Gratitude **Moving to:** 6101 E Virginia St. Mesa O,W q00:7 UT Sobriety Rocks 462 N Palo Verde Dr. AJ SA 10:00am is now a BB Study **Deletions:**

East Valley Intergroup 1320 E. Broadway Rd. # 105 Mesa, AZ 85204

General Service Office PO Box 459, Grand Central Station New York, NY 10163

*** NEW *** Area 03 Treasurer PO Box 18765 Tucson, AZ 85371

*** NEW ***

District 08-819 PO Box 594 Mesa, AZ 85211

District 08-820 PO Box 20404 Mesa, AZ 85277

District 08 (Maricopa County) PO Box 45066 Phoenix, AZ 85064

Valleywide H & I PO Box 80126 Phoenix, AZ 85060

Example of Group Contributions to A.A.

Service Entities

Distribution of funds from groups that support four service entities 10% to District 10% to Area

30% to GSO 50% to Intergroup



Reprinted with permission from A.A. World Services, from the pamphlet Self Support.

District 08-818 PO Box 12044 Tempe, AZ 85284

GROUP CONTRIBUTIONS



<u>GROUP</u>	<u>Sep</u>	<u>YTD</u>
11th Step Candlelight		
2121 Beginner Workshop		
24 Hours A Day A Vision For You Group		
ABC Group		
AHA! It's Monday		
Ahwatukee Daybreak Serenity		
Ahwatukee Group		
Ahwatukee Nooners		\$950.00
Ahwatukee Saturday Men's		
Ahwatukee Women's Group		
Arbor Daily Noon Group Atitude Adjustment Ahwatukee		
Attitude Adjustment CG		
Attitude of Gratitude		
Basic II		
Bloopers		
Bootstrap Men's		
Breakfast Club		
Busted Ego By The Book		
Chandler Men's Stag Group		
Chandler Noon Group		
Chandler Women's Big Book Gro		
Cold Coffee Group		
Common Solution		\$70.00
Common Thread		
Copper Basin Group		
Courage To Change		
Daily Reflections Group Day At A Timers		
East Valley Men's Stag		
Easy Does It Group		
Eye Opener Group		
Family Recovery Group		\$0.00
Feelings & Solutions		
Firehouse Meeting		
Florence Group Friday Night Big Book Study		
Friends Of Bill W		
Get It Together		
Gilbert Gals		
Gilbert Group		\$0.00
Gold Canyon 12 X 12 Group		
Good Ol' Back to Basics		
Grateful Dames		•
Grateful Girlfriends Gratitude Group		
Great Start		
Gut Level		
Happy Hour @ Sunbird		
Heard It Thru The Grapevine		\$0.00
Into Action		
Inwardly Reorganized		
Keepin It Real Ladies		
Life In The Big Book Maricopa 12 X 12		
Maricopa 12 X 12		
Mid-Morning Group		
Monday Night Madness		
Morning After Group		
Name In The Hat		
New Beginnings		
New Hope Group		
New Spirit Group No Name AA Group		
Not A Glum Lot		
Page A Day		
Pioneer Group		

an arm		
GROUP	<u>Sep</u>	YTD
Price Is Right		
Primary Purpose Group		
Prime Time		
Progress Rather Than Perfection		\$0.00
Putting God First		\$950.00
Queen Creek Saturday Speaker		\$0.00
Re-Awakening Group		\$15.00
Remember When		\$0.00
Renewed Spirit		\$300.00
Right Place Women's		\$0.00
Rising Spirit		
Road To Recovery		
Rock Solid		
San Tan Men's		-
Second Chance Group		
Seniors In Sobriety-Tempe		
Serenity At Six		
Shade Tree		
Sisterhood Of Solutions		
Sobriety is Gold	\$100.00	\$300.00
Sobriety Rocks		\$213.38
Society Group		\$500.00
Solutions Group		\$0.00
Some Are Sicker Than Others		\$0.00
Southeast Valley Stag		
Spirited Women		
Step By Step Group		
Stepping Stones		
Sunday Morning Women		
Sunday Night BB Step Study		
Sun Lakes Women		
Sunland Serenity Seekers		\$183.00
Sunset Group		\$340.00
Tempe Group		\$100.00
Tempe Nooners	\$25.00	\$125.00
Tempe Sunrisers		\$0.00
Tempe Young People		\$0.00
The Library		
The Real Thing		
The Way Out Group		
Thursday Night Step Group		
Tuesday Night Steppin Out		
Tuesday's Trudgers		
Tumbleweeds Group		\$420.00
Upon Awakening		
We Ain't Dead Yet	\$100.00	\$182.50
We Agnostics		\$440.00
We Can Group		\$129.00
Wednesday Night Step		\$0.00
Wednesday Night Winners		\$0.00
Welcome Home		
West Chandler Men's		-
Who's Driving Your Bus?		-
Wolf Pack Group		
Women in Gratitude		
Women in Solution		-
Women in Touch		•
*Anonymous Groups		\$648.15
OTHER GROUPS/COMMITTE	<u>:ES</u>	
Apache Lake Campout		\$102.02
VALYPAA		\$62.00
AZ AA Womens Conference		\$500.00
Dist 08-818		
Meal and a Message		•
Group Totals		
EVI Committees		
Individual Contributions		-
GRAND TOTALS	\$3,371.61 \$	43,113.51
(*Group contribution with no group name)	listed)	
(*Group contribution with no group name)	listed)	

BALANCE SHEET September 30, 2018

PROFIT & LOSS STATEMENT September 2018

Assets	
Current Assets	
Checking	2,405.57
Prudent Reserve (Savings)	23,881.59
Accounts Receivable	525.77
Inventory Asset	20,515.50
Undeposited Funds	0.00
Fixed Assets	
Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)
Total Assets	\$51,329.36
Total Assets Liabilities & Equity	\$51,329.36
Liabilities & Equity	\$51,329.36
Liabilities & Equity Liabilities	\$51,329.36 547.50
Liabilities & Equity Liabilities Accounts Payable	
Liabilities & Equity Liabilities	547.50
Liabilities & Equity Liabilities Accounts Payable Visa Credit Card	547.50 174.98
Liabilities & Equity Liabilities Accounts Payable Visa Credit Card Payroll taxes	547.50 174.98 0.00

Retained Earnings

Net Income

Total Liability & Equity

Total Equity

21 Group contributions totaling 3 Individual contributions totaling Intergroup Business Meeting &	\$3,013.86 \$279.00
Service Committee's 7th Tradition	\$78.75
Total Contributions	\$3,371.61
Total Income	\$7,728.06
Less total Cost Of Sales	\$3,447.27
Gross Profit	\$4,280.79
Less total Expenses of	\$5,802.75
Net September Loss	(\$1,521.96)
<u>YTD 2018 Gain</u>	\$1,852.56

The current Prudent Reserve balance is \$23,881.59 The Prudent Reserve has been established for 2018 in the amount of \$25,895.52

Please call me with any questions or comments regarding the financial statements.

Grateful to be of service, Lois L. EVI Treasurer

Traditions Checklist

Tradition Eleven: Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

1. Do I sometimes promote AA so fanatically that I make it seem *un*attractive?

4.975.38

1,852.56

\$50,606.88

\$51,329.36

- 2. Am I always careful to keep the confidences reposed in me as an AA member?
- 3. Am I careful about throwing AA names around—even within the Fellowship?
- 4. Am I ashamed of being a recovered, or recovering, alcoholic?
- 5. What would AA be like if we were not guided by the ideas in Tradition Eleven? Where would I be?
- 6. Is my AA sobriety attractive enough that a sick drunk would want such a quality for himself?

EVI Business Meeting October 19, 2018

Opened @ 7:03

12 Traditions: Steve W.

Introductions: Your attendance and participation are appreciated, and visitors are always welcome!

Intergroup Representatives:

New Reps: Dave M. 417, Dave R. A Vision For You, Buddy M. Gratitude Group, Thom S. Arbor Group, Jim L. Breakfast Club, Segrid S. Chandler Women's BB, Lori K. Courage to Change, Scott F. East Valley Men's Stag, Denis W. Friends of Bill W, Debbie G. GIT, Mary M. Life in the BB, Gary L. Maricopa Group, Gail H. Page A Day, Tom M. Remember When, Justin S. Road to Recovery, Tom G. Second Chance, Bethanne T. Sisterhood of Solutions, Katelyn B. Step By Step, Kimberly K. Sunset Group, Pat C. The Way Out, Ron N. Tuesday Trudgers, Paul B. TU Night Steppin Out, Troy S. Tumbleweeds, Paul Z. WADY, Gary L. Welcome Home.

Committee and other Trusted Servants

Ed B. EVI Chairperson, Chuck E. EVI Vice Chair, Lois L. EVI Treasurer, Steve W. EVI SC Advisor, Kim W. Office Manager, Beth H. EVI Phone Chair, Tom N. EVI Unity Chair, Deana E. EVI Events Chair, Rosemary B. Alanon Liaison.

Secretary report, Ken filling in,

instructed new rep's about signing in and writing legibly. Motion to approve by Dennis, 2nd by Gary, Approved

Treasurer Report, Louis L.

Will present budget in new business, went over her report.

Had a large literature order and removed some money from the prudent reserve account. Motioned to approve by Dennis, 2nd by Dave, Approved

Chair report: Ed

B. Upcoming elections where 4 positions are open for a 1 time one year term. Future elections will have entire steering Committee rotate every 2 years.

Vice Chair. Report in packet, no questions

Office Manager: Kim W.

Had report in packet, spoke of attending the office Managers Seminar outlined in her report.

PI/CPC Not Present

Special Events Deena:

All slots taken for Alcathon, will have a flier soon if ken remembers.

Unity: Tom,

Had new members at tonight's meeting and one of the volunteers who showed is a direct result of a unity presentation at a group.

Sponsorship Workshop.

Next workshop planned and all of next year is available if your group wishes to sign up.

No Booze News- Not present

Literature- Not present

H&I Liaison, Mike

Attended the meeting and was pretty intense.

They are having an awareness day Oct 28th at Kiwanis Park with live music.

They are also working on a corrections conference.

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Business Meeting Minutes Continued

Spanish Liaison: Marge Not present but reported she had been attending meeting and all is good.

Sub district 818- Not Present

Sub district 819- Not Present

Sub district 820-Not present

Old Business, None.

New Business:

Budget presentation. Louis did a line by line presentation explaining Quick Books auto budget features and some manual over rides to it.

A %4.0 raise for office manager is budgeted if the Steering Committee, group reps and group member approve such,

Announcements, I missed if any

Motion to close ~8:10

Not on fire

A FEW days after I came into AA I was at a meeting and the topic was gratitude. With just a couple of days sobriety I was still full of anger, resentment, shame, guilt and fear. The world had failed to give me what I felt it owed me and everyone in it had let me down. Life was painful and hopeless. I absolutely did not feel grateful for anything!

When it came my turn to share I said "My name is Regan, and I have nothing to be grateful for, so I'll just pass." The long-timer next to me leaned over and whispered in my ear, "Be grateful you're not on fire." What the heck did that mean?! I turned and glared at him with the meanest look I could muster, but he just smiled at me. That old man and his comment made me even more angry. I still continued going to meetings, listening and trying to figure out what people were talking about. It took a few weeks, but eventually I began to understand what that man had been trying to tell me.

I had been focused on all the "bad" things in my life. I was pretty much homeless and had been sleeping in cockroach-infested abandoned buildings and even a dumpster before coming back to AA. I was unemployable, I had no money, and I had lots of legal and financial problems, some of which I was looking at jail time for. I had abandoned my son, destroyed my marriage, and my father had told me that if I ever came near the family again they would call the police. There was nobody who understood how I felt or who even wanted to be around me, let alone help me! Now here I was, living in some halfway house in a town I didn't even like, and sitting in this stupid AA meeting with all these losers! How could anyone be grateful for any of that?

But gradually, I began to see that good things had started happening in my life. True, I still had strained relationships and the same legal and financial problems. But I was sober!

I had a roof over my head and a warm bed to sleep in. I had food to eat and clothes to wear. I was surrounded by people who really understood me and were willing to help me, expecting nothing in return. This is what that old man was saying to me. No matter what is going on in my life, no matter how bad things seem, I can always find something to be grateful for if I just look hard enough.

Even now, many years later, I can still occasionally put myself in a place that seems utterly hopeless with seemingly unbearable circumstances that I am certain I cannot possibly survive.

Then I remember what that old man said and I know there has to be something to be grateful for if I am only willing to change my attitude and look for it.

I might have to start with just being grateful I am not on fire, but once I get that, I can always build from there.

-- REGAN G. Mesa, Ariz. From the March 2010 magazine. Reprinted with permission.

AA Grapevine Daily Quote

September 26, 2018

"The beauty of sobriety is that sometimes I am the one supported, and other times the one supporting. One act helps destroy my ego, the other my self-centeredness. I need to practice both actions if I want to survive"

12 Tips for Sober Holidays

- 1. Line up extra AA activities (help on the phones, speak, empty the ashtrays).
- 2. Be host to friends, especially newcomers, at home or at a coffee shop.
- 3. Keep your AA telephone list with you at all times.
- 4. Find out about holiday meetings or celebrations in your local groups.
- 5. Skip any drinking occasions you're nervous about.
- 6. If there's one you can't skip, take an AA friend--or keep candy handy.
- 7. Don't think you have to stay late (plan an "important date" in advance).
- 8. Go to church. Any church. And don't forget about extra meetings.
- 9. Don't sit around brooding; catch up on reading, museums, walks, letters.
- 10.Don't project about holiday temptations: remember "One day at a time."
- 11. Even if you cannot give material gifts, enjoy the beauty of holiday love.
- 12. Carry the message. Give the joy away, and it will be yours to keep.

-- Adapted from Box 4-5-9

From the December 1989 Grapevine magazine.



Join us at the

Thanksgiving Alcathon

Time: Noon Wednesday 21st

Place: 1125 N Dobson Rd.

Chandler

Meetings every other hour on the odd hours

Get Published!

If you have a story, a poem, a joke or even some artwork, No Booze News wants to hear it.

Send your articles to Maria D. info@aamesaaz.org THANKS!





Please send us your stories; MAIL, EMAIL OR CALL IT IN!!

I'd like to hear your story and put it in the No Booze News! Mail your story to the Intergroup office, or email it to me! Or call me and tell it to me and I'll write it down! Please include your name and phone number. We reserve the right to edit for content and/or clarity. Maria D. info@aamesaaz.org THANKS!